



TRUVA
TURKISH KITCHEN

LUNCH MENU

TRADITIONAL APPETIZERS

Red Lentil Soup \$6 V GF

Traditional Turkish Style Recipe

Traditional Hummus \$7 V GF

Chickpea Puree | Extra Virgin Olive Oil | Fresh Made Bread

Babaganoush \$7 V

Housemade Roasted Eggplant Dip | Fresh Made Bread

Spicy Spread \$6 V GF

Fresh Peppers, Tomatoes, & Walnut Spread | Fresh Made Bread

Saksuka \$7 V GF

Turkish Style Eggplant Ratatouille | Fresh Made Bread

Stuffed Grape Leaves \$7 V GF

Seasoned Rice | Currants | Pine Nuts | Fresh Herbs | Lemon Juice
Extra Virgin Olive Oil

Combo of Spreads \$15 V GF

Babaganoush | Classic Hummus | Spicy Spread | Fresh Made Bread

Phyllo Cheese Rolls \$7 V

Herbed Feta Cheese | Phyllo Dough | Yogurt Drizzle

Crispy Falafel \$7 V

Ground Chickpeas | Fresh Herbs & Turkish Spices
Garlic & Tahini Yogurt Sauce

Lamacun \$13

Made to Order Flat Bread with Seasoned Ground Lamb
Peppers | Fresh Herbs

Stuffed Cabbage \$9

Cabbage Stuffed with Seasoned Beef & Lamb | Braised in a Spicy
Tomato Broth

Crispy Calamari \$11

Tender Calamari Lightly Fried | Tartar Sauce | Sweet Chili Sauce

Albanian Liver \$9

Flash Fried Cubed Liver | Red Onions | Tomatoes | Fresh Parsley

SANDWICHES & WRAPS

Sandwiches & Wraps Served with Rice, House Salad, or Fries

Doner (Shawarma) Wrap \$11

Thinly Carved Marinated Beef & Lamb | Shredded Greens | Tomato

Lamb Burger \$11

Lettuce | Tomato | Onion | White Cheddar | Brioche Bun

Grilled Chicken Wrap \$10

Tomato | Shredded Greens | Tzatziki Sauce

Grilled Salmon Sandwich \$12

Lettuce | Tomato | Roasted Red Pepper Aioli | Brioche Bun

Falafel Wrap \$10 V

Shredded Greens | Tomato | Tahini Yogurt Sauce

Lamb Adana Wrap \$13

Shredded Greens | Tomato | Tzatziki Sauce | Red Onion

Chicken Adana Wrap \$11

Shredded Greens | Tomato | Roasted Red Pepper Aioli

FRESH SALADS

Sheppard's Salad \$8 V

Tomatoes | Cucumbers | Peppers | Onions | Herbs | Lemon Juice
Extra Virgin Olive Oil

Tabbouleh Salad \$8 V

Bulgar | Fresh Mint | Cucumber | Scallions | Tomatoes | Parsley

Classic Caesar Salad \$8

Romaine Lettuce | Asiago Cheese | Anchovies | Seasoned Croutons

Add the Following Proteins to a Salad:

Chicken \$6 | *Salmon \$8 | Shrimp \$8 | Doner (Shawarma) \$8

CHARBROILED KEBABS

Kebabs are Served with Rice, Salad, Grilled Tomatoes & Peppers

Lamb Adana* \$16

Traditional Hand Chopped Lamb | Red Bell Peppers | Paprika

Chicken Breast \$14

Organic Chicken Breast Marinated in Extra Virgin Olive Oil
Onions | Garlic | Fresh Herbs

Beef Tenderloin* \$16

Tenderloin Marinated in Olive Oil | Black Pepper | Shallots

Chicken Adana \$15

Hand Chopped Organic Chicken Breast | Red Bell Peppers
Paprika | Onions

Traditional Doner (Shawarma) \$18

Thinly Carved Marinated Beef and Lamb

TRUVA SIGNATURE DISHES

Iskender Kebab \$16

Carved Doner Kebab | Toasted Bread | Tomato Sauce
Brown Butter | Yogurt | Grilled Tomato & Pepper

Garlic Shrimp \$18

Sauteed Shrimp | Fresh Garlic | Butter | White Wine | Tomatoes
Fresh Herbs | Rice

Lamb Chops \$26

French Lamb Rack | Pesto Sauce | Rice | Grilled Tomato & Pepper

Grilled Salmon* \$18 GF

Salmon Fillet | Roasted Garlic Mashed Potatoes | Sauteed Spinach
Roasted Red Pepper Aioli

Vegetable Moussaka \$15 V

Layers of Potatoes & Roasted Vegetables | Bechamel Sauce
Rice | Grilled Tomato & Pepper

SWEET DELIGHTS

Baklava \$8 GF

Ground Walnuts | Phyllo Dough | Syrup | Whipped Cream

Kazandibi \$8

Caramelized Custard | Cinnamon | Whipped Cream

Sam Bali \$8 GF

Warm Turkish Semolina Cake | Almonds | Vanilla Ice Cream

Please note that a 20% gratuity will be added to all parties of (6) guests or more. -No split checks for parties of (6) or more

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.